

PEPPERMINT CANDY CANE SCRUB

INGREDIENTS:

6 large, regular-sized candy canes
1 cup white sugar
3/4 cup coconut oil, soft
15-20 drops LorAnn Peppermint Oil



DIRECTIONS:

1. Break candy canes into small pieces and place them in your food processor. Pulse and blend until they're ground up well. You don't want large shards of candy cane. (If food processor isn't available, you can use a blender or crush candy canes in a ziplock bag using a rolling pin.)
2. Combine sugar, coconut oil, and peppermint oil using your food processor. Pulse the mixture until it sticks together and resembles wet sand. You may also combine the mixture with your hands.
3. Transfer the sugar scrub to a glass jar and seal with a lid. Store away from heat to maintain soft texture.
4. To use, scoop a small amount and scrub gently on skin. Rinse with water.

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